

Activity Equipment Guide

| Essentials for ANY activity | | |
|------------------------------------|-----------------------|--------------------------------|
| Summer | Winter | Group (leader) |
| Waterproof Jacket | Waterproof Jacket | Group First Aid kit |
| Fleece | Fleece | Permission to Camp forms |
| | Gloves, hat and scarf | Mobile phone (for emergencies) |

| Hiking | | |
|---|---|------------------------------------|
| Summer | Winter | Group (leader) |
| Waterproof Jacket | Waterproof Jacket | Spare jumper / coat |
| Waterproof Trousers | Waterproof Trousers | Group First Aid kit |
| Fleece | Fleece | Rope (optional) |
| Shorts | Shorts | Compass |
| Warm trousers | Warm trousers | Map + spare |
| Boots | Boots | GPS? |
| Gaitors | Gaitors | Large flask |
| Day sack | Day sack | Route card (copy given to contact) |
| Water bottle (at least 1 litre) | Water bottle (at least 1 litre) | Permission to Camp forms |
| Packed lunch box | Packed lunch box | Radio |
| Flask (optional) | Flask (optional) | Mobile phone (for emergencies) |
| Sweets/snacks | Sweets/snacks | Group shelter |
| Torch | Torch | Sun cream |
| Basic Personal First Aid Kit (optional) | Basic Personal First Aid Kit (optional) | Whistle |
| Mobile phone (optional - for emergencies) | Mobile phone (optional - for emergencies) | |
| | Survival Bag | |
| | Gloves, hat and scarf | |

| Climbing | | |
|---|---|--|
| Summer | Winter | Group (leader) |
| Waterproof Jacket | Waterproof Jacket | Spare jumper / coat |
| Waterproof Trousers | Waterproof Trousers | Group First Aid kit |
| Fleece | Fleece | Rope, harnesses, helmets and equipment |
| Shorts | Shorts | Large flask |
| Warm trousers | Warm trousers | Permission to Camp forms |
| Boots/climbing shoes | Boots/climbing shoes | Radio |
| Day sack | Day sack | Mobile phone (for emergencies) |
| Water bottle (at least 1 litre) | Water bottle (at least 1 litre) | Sun cream |
| Packed lunch box | Packed lunch box | Whistle |
| Flask (optional) | Flask (optional) | |
| Sweets/snacks | Sweets/snacks | |
| Torch | Torch | |
| Basic Personal First Aid Kit (optional) | Basic Personal First Aid Kit (optional) | |
| Mobile phone (optional - for emergencies) | Mobile phone (optional - for emergencies) | |
| | Survival Bag | |
| | Gloves, hat and scarf | |

Activity Equipment Guide

| Canoeing | | |
|---------------------------------|---------------------------------|--------------------------------|
| Summer | Winter | Group (leader) |
| Old clothes for water/wet suit? | Old clothes for water/wet suit? | Spare jumper / coat |
| Old trainers | Old trainers | Group First Aid kit |
| Towel | Towel | Buoyancy aids and helmets |
| Full set of dry clothes | Full set of dry clothes | Canoes and equipment |
| Waterproof Jacket | Waterproof Jacket | Life-rope |
| Waterproof Trousers | Waterproof Trousers | Permission to Camp forms |
| Water bottle (at least 1 litre) | Water bottle (at least 1 litre) | Radio |
| Packed lunch box | Packed lunch box | Mobile phone (for emergencies) |
| Flask (optional) | Flask (optional) | Sun cream |
| Sweets/snacks | Sweets/snacks | Whistle |
| | Blanket | |
| | Hat, gloves and scarf | |

| Archery, Pioneering, Firelighting, or other camp based activity | | |
|--|---------------------------------|--------------------------------|
| Summer | Winter | Group (leader) |
| Warm clothes | Warm clothes | Spare jumper / coat |
| Waterproof Jacket | Waterproof Jacket | Group First Aid kit |
| Waterproof Trousers (optional) | Waterproof Trousers | Permission to Camp forms |
| Boots | Boots | Radio |
| Water bottle (at least 1 litre) | Water bottle (at least 1 litre) | Mobile phone (for emergencies) |
| Packed lunch box | Packed lunch box | Sun cream |
| Flask (optional) | Flask (optional) | Activity equipment |
| | Hat, gloves and scarf | Whistle |

| Day trips (eg museums, exhibitions) | | |
|--|---------------------------------|--------------------------------|
| Summer | Winter | Group (leader) |
| Warm clothes | Warm clothes | Spare jumper / coat |
| Waterproof Jacket | Waterproof Jacket | Group First Aid kit |
| Waterproof Trousers (optional) | Waterproof Trousers | Permission to Camp forms |
| Scout Uniform | Scout Uniform | Radio |
| Water bottle (at least 1 litre) | Water bottle (at least 1 litre) | Mobile phone (for emergencies) |
| Packed lunch box | Packed lunch box | Sun cream |
| Flask (optional) | Flask (optional) | Activity equipment |
| | Hat, gloves and scarf | |